

Consider volunteering to help people like you who are living with chronic pelvic or bladder pain

Why are researchers doing the MAPP Study?

Interstitial cystitis/ bladder pain syndrome (IC) and chronic prostatitis/ chronic pelvic pain syndrome (CP) are not fully understood, so treatments often are not helpful. The MAPP Study is working to:

- Better understand why some people develop IC and CP
- Better understand what triggers symptom flares to hopefully learn how to prevent them
- Discover a way to better diagnose the disease and track symptoms progression by using markers in the urine or blood

We hope that findings from the MAPP Study will one day lead to better treatment for people living with IC and CP.

Who can volunteer?

Adults living with IC or CP can volunteer for the study.

What will happen in the study?

If you join the MAPP study, we will ask you to:

- Answer questions about your health and life
- Provide blood, urine, and saliva samples
- Complete a physical and pelvic exams
- Complete brain imaging and sensory tests

We will not treat you or change your treatment.



Do I have to join?

Joining the study is completely **voluntary**. You do not have to join if you do not want to. You may also leave the study at any time. If you leave the study before it ends, there will be no penalty to you. You will not lose any benefits you currently have.

Will I be reimbursed for my time?

The study tests are provided at no cost. Compensation for your time and effort is available.

How long do I participate for?

We ask that you take part for up to 36 months.

What is the schedule of tasks?

At the start of the study we will ask you to come in to the clinic to:

- Have a physical exam and a pelvic exam
- Collect 1-2 urine samples and optional swabs
- Complete questionnaires

For the next 3 weeks after this visit, once a week, we will ask you to complete a brief set of online questionnaires at home.

At week 4, we will ask you to return to the clinic for another in-person visit to:

- Complete questionnaires
- Conduct brain imaging and sensory tests
- Collect blood and urine samples

After the week 4 visit, we will ask you to:

- Collect saliva samples at home over a 3 day period
- Continue complete online questionnaires at home, but now only once a month

At 6 months, 18 months, and 36 months, we will ask you to return to the clinic for in-person visits to:

- Complete questionnaires
- Conduct brain imaging and sensory tests
- Collect blood and urine samples
- Having a physical exam and a pelvic exam (at month 18 only)



What if my treatment changes during the study?

During the study, we are very interested in tracking treatment changes. We ask that you let us know right away if your caregiver changes your medicines or other treatments.

For some treatment changes, we want to get information **before** you start the new treatment. Before treatment and at 3 months after your treatment changes, we will ask you to come to the clinic to:

- Have a brain imaging and sensory tests
- Provide blood and urine samples
- Complete questionnaires

These clinic visits before and after treatment changes will happen no more than twice during the 36-month study.